

county jail, he happily retreats to a saloon for his well-deserved drink. At the end of the movie, everyone is satisfied. Justice has been served.

Unconsciously, this is the longed, unspoken desire of our inner conviction that peace and rest will never come, until that detested offender is dealt with. The whole idea is that if we've been wronged, we're completely justified in our desire to hunt the other person down and hurt him badly. Only then can we be satisfied.

Where and when do we build this hatred? It originates from two main sources. The first has to do with our sinful nature. Our depraved constitution is the seat of all negative emotions, and these stirrings could be activated at the slightest provocation, so that we're ultrasensitive to any infringement of our personal space and rights. When we've been betrayed or disillusioned, hatred demands that we strike back or annihilate that which appears to be opposing us. This energy comes from that need to restore one's sense of control and justice.

The second place of origination stems from our personal experience. Perhaps from the time of our childhood, we've not been sufficiently loved. Maybe we've been hated, rejected, humiliated, victimised, or criticised. The frustration that develops in us through those negative interactions, and many of the things we learn from others generate a lot of angst. The specifics vary, depending on the circumstances of one's life, but it almost never happens that someone escapes the effects of hatred.

We must recognise that hatred paralyses and divides all of life. It causes us to plan, scheme and devise evil against others. The scary thing is, it knows no bounds. People who are driven by hatred are often so consumed and controlled by their violent purposes that they'll want to inflict untold damage. So they get others involved – build alliances, sow seeds of discord and stir up dissension.

If you're unable to process your hatred, be warned: you're the biggest loser. When you choose to hate someone, that person becomes your master. And he might not even be aware of it! But he's the controller of your life.

Hatred can only be healed by love. Love covers all wrong. As believers, we can be healed because that love is personified by Jesus. As you've received Him into your hearts, that power within you can break the conscious and unconscious wilfulness within you. Don't wait for time to heal you – because it doesn't. It might provide you with another perspective of your circumstances, but it'll never remove your wounds. In fact, it might embitter you even more. Let Jesus within you produce the living balm you need to heal.

Ps. Song Cheng Hock

ANNOUNCEMENTS

WE WELCOME all guests who have come to worship with us this morning. If this is your first visit, please fill in the Visitor Form so that we can keep in touch with you.

MISSION Cambodia

Pastor Neville, Anne and two others will be leaving for Cambodia on Monday, September 29th. They will be bringing the used clothings and donations for the children for the children of Veal Sbov Village.



We would like to thank all of you who contributed to this work. We also thank Sister Soo Lin and the Ladies group for helping us sort and pack the clothings for the team. May the Lord bless you as you give.

SUNDAY BIBLE SCHOOL

Two classes are conducted upstairs every Sunday morning from 9.15 - 10.00a.m. before Worship Services.

Basic Christian Living classes are for new believers or believers who wish to hone their Christian Living. **Facilitator:** Sister Chiew Eng

Discipleship Class: For believers who wish to deepen their Christian Life. Studying the book of Philippians. **Facilitator:** Pastor Song.

GUIDE BOOKS FOR BIBLE STUDY

The Church has some books under the New Inductive Study series covering the various books of the Bible. Small Group leaders or other ministry leaders may want to use these to help them conduct their group's Bible Study. Please see Vivien if you are interested.

NEW IRON MAN. Defective copies.

Some of you who bought the New Iron Man during the book launch may have received defective copies such as pages missing or pages not in order. The whole batch has been returned to the printers for checking. We sincerely apologise for this and if you have bought a defective copy, please bring it back to Bro. Henry Lee who will have them replaced. Again our sincere apologies. - **Neville & Anne Tan**



DO NOT FORGET TO SWITCH OFF YOUR HANDPHONES!

PRAYER PAGE



1. **We praise God** for the wonderful response at our Evangelistic Outreach a month ago.

Please continue to pray for those who have accepted the Lord then, that they will commit themselves to join the discipleship class. Pray also for those who made recommitments, that they will continue to walk closely with the Lord.

Pray and participate in our next Evangelistic Outreach on November 29, 2009.

2. Please pray for **Pastor Song** as he brings God's Word to us this morning. Pray for ourselves too that we may not be hearers of the Word only but doers too.

3. Pray also for the **Worship Team** as they lead us in worship, and the **AV persons/ushers** on duty.

4. Please continue to uphold our **Pastors and their family** in prayer. Pray for their health, that they will enjoy the Lord's rich blessings of strength, peace and joy as they serve Him.

5. Please pray for **Pastor Neville and Auntie Anne** as they depart this Tuesday for Cambodia, that God will grant them journey mercies, good weather and a fruitful trip.

6. **Please remember those who are not well** and pray that God will bring His healing to all. Pray for God's grace and strength to be with them and their care-givers.

7. Please uphold Bible students **Bro. Byju and Bro. Wai Chan** in their studies at East Asia School of Theology and the Singapore Bible College. Bro. Wai Chan elected to do his Field Assignment with us until Aug 2010 as **Youth Intern** and will be helping our Youth Ministry.

8. Let's learn to be **faithful in praying for each other** (your buddy, Bible study group, church leaders and church) - that we will always:

- put God first and love Him above all else
- be a praying community
- serve Him with all our heart
- thank Him for all the great things He has done for us.

CONGRATULATIONS

Mr & Mrs Sumit and Thapar Arora on the blessing and arrival of their first born child

We join the family in this celebration of thanksgiving.

Memory Verse:

Last week's: *Test everything. Hold on to the good. - 1 Thessalonians 5 : 21*

This week: *May the Lord direct your hearts into God's love and Christ's perseverance. - 2 Thessalonians 3 : 5*